

大學如何學

Guide to Studying at NTNU

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115.09.01 (二)

THE NEW U

大學一定是讀四年嗎？

How long does it take to graduate?

大學只能拿一個學位嗎？

How many degrees can I get?

大學只能使用一種語言學習專業嗎？

Can I study in another language?

大學只能在臺灣讀嗎？

Do I always have to be in Taiwan to earn my degree?

大學畢業後進修管道？

Is there continuing education post-graduation?

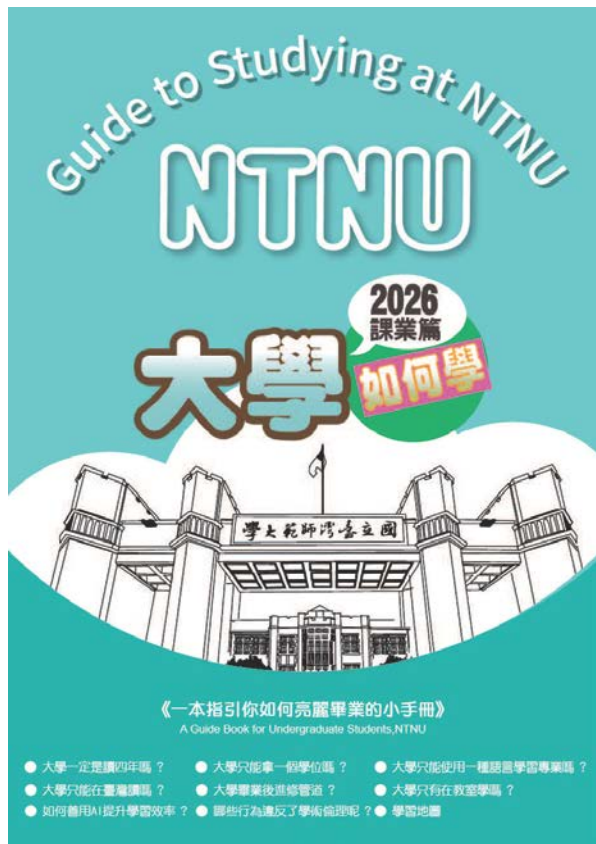
大學只有在教室學嗎？

Does learning always have to be inside classrooms?

如何善用AI協作提升學習效率？

How to use AI collaboration to improve learning efficiency?

檔案下載



《一本指引你如何亮麗畢業的小手冊》
A Guide Book for Undergraduate Students, NTNU

- 大學一定是讀四年嗎？
- 大學只能拿一個學位嗎？
- 大學只能使用一種語言學習專業嗎？
- 大學只能在臺灣讀嗎？
- 大學畢業後進修管道？
- 大學只有在教室學嗎？
- 如何善用AI提升學習效率？
- 哪些行為違反了學術倫理呢？
- 學習地圖

Chapter 1

大學

一定是讀四年嗎？

畢業門檻

Graduation Requirements

修課策略

Course Selection Strategies

修業年限

Duration of Study

How long does it take to graduate?

【國立臺灣師範大學 學士班修業學分架構圖】

【NTNU Bachelor's Degree Graduation Requirements】



畢業門檻

Graduation Requirements



修課策略

Course Selection Strategies



修業年限

Duration of Study

- 基本要求：修畢128學分
 - 共同必修
 - 學系必選修
 - 自由選修
- 各學系所訂之畢業條件如外語能力、實習等

畢業總學分

最低 **128** 學分

Min. 128 Credits
Required
to Graduate

- Basic Requirement : At least 128 Credits
 - Common core courses
 - Departmental requirements
 - Elective courses
- Other departmental graduation requirements such as foreign language proficiency, internship etc.





畢業門檻
Graduation Requirements



修課策略
Course Selection Strategies



修業年限
Duration of Study

修多少

How many credits should I take?

- 大一到大三每學期最少需修 **16** 學分
- 大四每學期最少需修 **9** 學分的課程
- A minimum of **16** credits per semester must be maintained for the first three years of students' undergraduate studies.
- In the senior year, undergraduate students must take on at least **9** credits per semester.

修什麼

What courses should I take?

- 請學術導師給予生涯規畫及選課方向指導
- Consult academic mentors for advice on career planning and course selection.

去哪修

Where can I take the courses?

- 國立臺灣大學系統 NTU System Universities
 - 國立臺灣大學 NTU
 - 國立臺灣師範大學 NTNU
 - 國立臺灣科技大學 Taiwan Tech
- 校際選課不得超過所屬系所規定之最低應修畢業學分數 **1/3**
- 該學期末開設之課程為限，惟不同學制或臺大系統之課程不在此限。
- Credits earned through non-NTNU courses should be **no more than one-third** of the minimum total graduation credits.
- Intercollegiate course selection will only be approved for courses not offered by NTNU during the semester concerned, except National Taiwan University System courses.

提早畢業

Graduate Early

修滿該學系、學位學程應修之科目與學分，且符合其所訂之畢業條件者，符合資格者可於**大三下或大四上學期**提出當學期畢業之申請
Complete the required courses, credits of relevant departments or degree programs, and fulfill relevant graduation requirements
Eligible applicants may apply for early graduation in the second semester of their junior year or the first semester of their senior year.



NTU SYSTEM
國立臺灣大學系統

發揮 $1+1+1>3$ 成效
To achieve an effect that is $1+1+1>3$

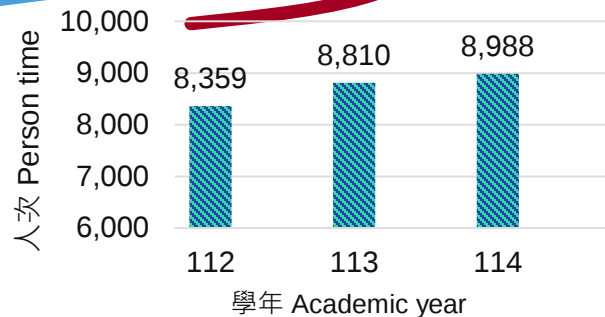
臺師大+ 臺大+ 臺科大
NTNU NTU NTUST



資源共享
Resource Sharing

跨校選課
Inter-University
Course Enrollment

校際選課人次
The number of students taking NTU
System Courses



- 跨校選課人數逐年提升，說明本校學生善用系統資源跨校跨域。以114學年度為例，校際選課人次總計達8,988人，三校資源交流十分熱絡。
- The number of Inter-University course enrollment has increased year by year. For example, in the 2025 - 2026 academic year, the Inter-University course enrollment reached 8,988, indicating that inter-university course offering is popular among our students and the exchanges among the three universities are common and extensive.

Chapter 2

大學

只能拿

學位加值

Value-Added Diploma

一加一大於二， π 型人是趨勢，
二個學位嗎？
單一專長無法滿足職場所需。

One plus one is more than two. Becoming a π -shaped talent has been trending. Market prefers graduates with multiple talents.

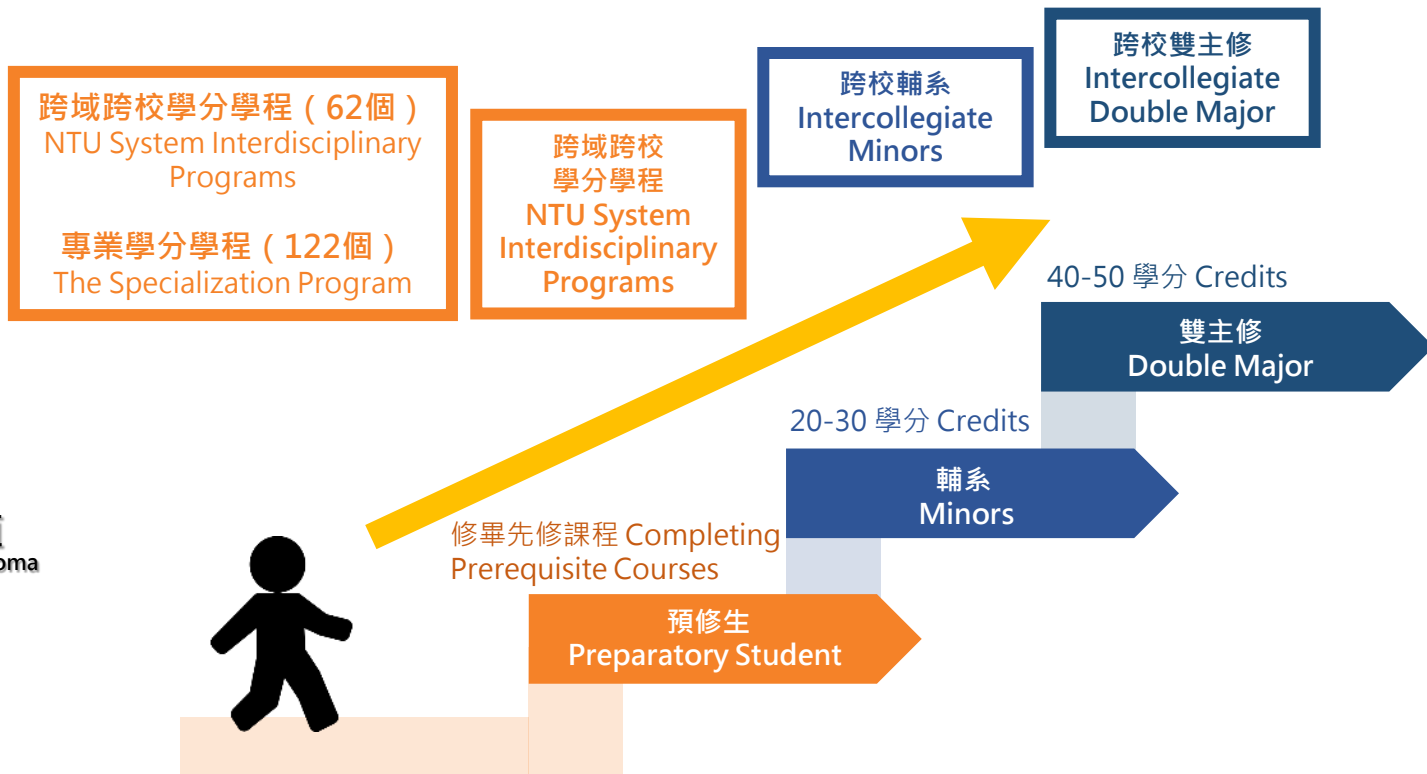
How many degrees can I get?

雙主修、輔系、學分學程

Double Major , Minors , Interdisciplinary Programs

π

學位加值
Value-Added Diploma



國立臺灣大學系統 整合不同優勢與資源

The NTU System integrates various strengths and resources.

改變眾多年輕人的人生
Making a Difference in the Lives of Many Young People

校別 Partner universities	跨校 輔系 Intercollegiate Minors				跨校 雙主修 Intercollegiate Double Major			
	開放 學系數 Number of Participating Departments	申請 人次 Number of Applications	錄取 人數 Number of Accepted Students	通過率 Acceptance Rate	開放 學系數 Number of Participating Departments	申請 人次 Number of Applications	錄取 人數 Number of Accepted Students	通過率 Acceptance Rate
臺師大 NTNU	27	41	18	44%	24	26	11	42%
臺大 NTU	17	42	17	40%	9	20	5	25%
臺科大 NTUST	13	32	16	50%	10	26	8	31%

■114學年統計 Statistics for the 2025–2026 Academic Year

跨領域學士制度

The Interdisciplinary Bachelor's Program



- 114年成立「**跨領域學習規劃辦公室**」，統籌推動「**跨領域學士**」學位制度，陪伴學生探索跨域學習、打造專屬學習路徑。
- 跨領域學士已招收兩屆學生，目前共有24位學生依興趣與職涯目標自主規劃跨領域學習，並自訂跨領域學士修讀領域名稱，如「**高齡產品創新與創業實踐**」、「**國際永續治理與綠能轉型**」、「**智慧互動與數據分析**」、「**地景與資訊應用**」等。
- Established in 2025, the Interdisciplinary Academic Advising Office (IAAO) oversees **the Interdisciplinary Bachelor's Program (IBP)**, supporting students in exploring interdisciplinary learning and designing personalized learning pathways.
- The IBP has admitted two cohorts of students. Currently, 24 students are pursuing individualized interdisciplinary studies based on their interests and career goals. Students may also define their own fields of study, such as **Product Design and Entrepreneurship, International Sustainability Governance and Green Energy Transition, Intelligent Interaction and Data Analytics, and Landscape and Information Applications.**

修讀形式：

一、1個輔系 + 2個學分學程

地理學系(輔系)

資訊科技應用學分學程

電腦音樂與音訊技術學分學程

二、4個學分學程

人工智慧技術與應用學分學程

資訊科技應用學分學程

AI與數位藝術學分學程

商業分析學分學程

Program Structure:

1. One Minor + Two Programs

Minor: Department of Geography

The Inter-disciplinary Program of Application of Information Technology

The Inter-disciplinary Program of Computer Music and Audio Technology

2. Four Programs

The Inter-disciplinary Program of Technology and Application of Artificial Intelligence

The Inter-disciplinary Program of Application of Information Technology

The Inter-disciplinary Program of AI Digital Art

The Inter-disciplinary Program of Business Data Analysis



Chapter 3

大學

臺師大躍升「雙語標竿大學」
NTU is now one of the bilingual Peichia University Program
只能使用一種語言學習專業嗎?

選擇中開創機會

Opportunities with Options

Can I study in another language?

循序提升英語能力 穩健發展EMI課程

Step-by-Step English Enhancement, Steady EMI Growth



2019-2024 EMI 課程數

No. of EMI Courses



英語增能活動

Creating an Immersive English Learning Environment



學術英語
寫作諮詢

Academic English
Writing Support



學術英語
口說諮詢

Academic English
Speaking Support



學術/EMI
團體諮詢

Academic English
Group Consultation



學術英語
入班分享

Academic English
In-class sharing



學術英語
講座/工作坊

Academic English
Lectures &
Workshops



融入AI
科技工具

AI Integration



學術英語
自學資源

Academic English
Self-learning
Resources



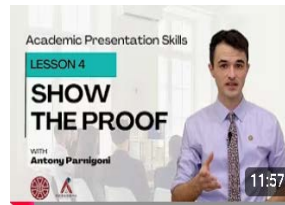
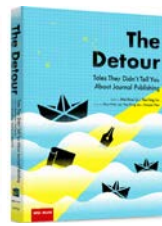
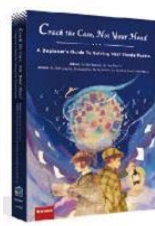
掃碼看更多

Scan CAL FB for more!



中心來自不同領域的專業輔導員團隊

CAL has a team of professional tutors with expertise in diverse academic fields.



中心提供豐富自製學術英語寫作、口說自學資源

CAL offers a rich collection of self-developed resources for self-learning in academic English writing and speaking.

University-Wide Approach

免修共同英文 打造多語環境

Waive General English: Join a Multilingual Campus



英語增能
English Enhancement



EMI

學士班學生近三年內，**英語**聽說讀寫皆達CEFR(歐洲語言共同參考架構) **B2**等級，可免修英文(一)和(二)；若達到CEFR **C1**等級，則可免修英文(一)、(二)及(三)。

學生**第二外語**能力檢定達 CEFR **B2**等級者，可申請免修英文(三)，第二外語語言類型豐富多元，包括日語、韓語、法語、德語、西班牙語、義大利語及越南語等，為學生提供多元學習選擇，並進一步深化多語言與全球化教育。

- Students with a CEFR B2 English proficiency certificate in all four skills (listening, reading, speaking, and writing) may apply for a waiver for English I and II. Alternatively, students with a CEFR C1 English proficiency certificate may apply for a waiver for English I, II, and III.
- Students with a certificate in a foreign language other than English at the CEFR B2 level or higher may apply to waive English III.

ABOUT WAIVING GENERAL ENGLISH COURSES

共同英文課程免修



免修課程	英檢CEFR等級 (如：培力、多益、雅思、全民英檢等)
英文(一)(二)	B2
英文(一)(二)(三)	C1



NEW



114學年度開放申請

免修課程	第二外語測驗CEFR 等級 (日、韓、越、德、法、義、西語等)
英文(三)	B2



For more information, visit our website
NTNU FLED 國立臺灣師範大學共同教育委員會外文教育組



培力英檢

English Proficiency Test

為什麼要參加培力測驗

Why do I take BESTEP?

- 成績達B2 或C1者，可免修英文(一)、(二)或英文(一)、(二)、(三)
- 通過培力英檢獎勵對應級數，可申請獎勵金或課程加分(依通識中心公告為準)
- 銜接進入EMI課程
- 強化英語溝通能力(學術英語/企業職場交流)
- If you reach CEFR B2 or C1, you can waive English (I), and (II) or English (I), (II), and (III).
- You can apply for rewards or extra points for courses if you pass BESTEP B2 (subject to announcements from the General Education Center).
- Students possess the essential English language proficiency for taking EMI courses.
- Enhance English communication skills (academic English/ English for the workplace).



Video Resources: 語言訓練中心 LITTC Youtube



全校英語獎勵

English Reward

培力英語能力檢定測驗獎勵

BESTEP English Proficiency Test Rewards

- 獎勵對象：日間學制學士班在學學生
- 補助金額上限 4,000 元(聽讀或說寫達B2者得各申請2,000元)
- Eligibility: Undergraduates
- Subsidy: Up to 4,000 NTD (2,000 NTD for CEFR B2 in either listening and reading or speaking and writing).



學生修習英語文課程獎勵

Subsidies and Rewards for Students Enrolled in English Language Courses

- 修習本校進修推廣學院提升英語能力之系列課程
- 在學期間申請補助不限課程數
- 補助金額上限 5,000 元
- Students enrolled in NTNU's School of Continuing Education to improve their English proficiency can apply for subsidies during their studies.
- There is no limit on the number of courses, and the maximum subsidy amount is NT\$5,000.



EMI成績單註記

EMI Transcript Explained



英語增能
English Enhancement



EMI

EMI認證等級 EMI certification level	學士班基準 Benchmark
E1	修畢EMI課程達 16 學分 At least 16 undergraduate credits are earned from EMI courses.
E2	修畢EMI課程達 32 學分 At least 32 undergraduate credits are earned from EMI courses.
E3	修畢EMI課程達 64 學分 At least 64 undergraduate credits are earned from EMI courses.
E4	修畢EMI課程達 98 學分 At least 98 undergraduate credits are earned from EMI courses.
E5	修畢EMI課程達 128 學分 At least 128 undergraduate credits are earned from EMI courses.

推動多語言政策，培養國際競爭力

Multilingual Policy - Enhance international competitiveness

英語

臺師大為四所雙語標竿大學之一。

第二外語

西班牙語、法語、日語、韓語、馬來語、越南語、泰語等。

國家語言

閩南語、客家話、臺灣原住民族語、馬祖語、臺灣手語等。

- **English** - NTNU is one of the benchmark universities in the BEST Program.
- **Second Foreign Languages** - Spanish, French, Japanese, Korean, Malay, Vietnamese, Thai, etc.
- **National languages** - Taiwanese Hokkien, Hakka, Formosan languages, Matsu language, Taiwanese Sign Language, etc.

本校學生參與國家語言能力認證獎勵要點

- 包含**臺灣台語**語言能力認證(教育部)、**客語**能力認證(客家委員會)及**原住民族語言**能力認證(原住民族委員會)，每種國家語言認證最高獎勵2,000元。
- This includes the Taiwanese Hokkien Language Proficiency Test, the Hakka Language Proficiency Test, and the Indigenous Languages Proficiency Test. A maximum reward of NT\$2,000 is offered for each type of certification.



Chapter 5

大學

畢業後的進修管道？

甄試考試

Master's Program

連續修讀

Direct Admission to Master's
and Doctoral Programs

Continuing education post-graduation

大學成績優異進入本校碩士班者 可申請新生入學成績優異獎學金喔!

New student scholarships are available to those who qualify!



甄試考試
Master's Program



連續修讀
Direct Admission to Master's
and Doctoral Programs

碩士班甄試入學

Admission through Application

碩士班招生考試

Admission through Exams

教師/碩士在職 專班招生考試

Admission to In-service Programs
through Exams

簡章公告 Announcement	每年9月初 Early September each year	每年11月 Every November	每年11月 Every November
考試日期 Exam/Interview Dates	每年10-11月 Every October-November	每年2-3月 Every February-March	每年2-3月 Every February-March

對學術研究有興趣的學生可及早確立志向，在大學階段 即申請五年連修碩士班，或逕讀博士班

Students who are interested in academic research can start early by applying for direct admissions to master's and doctoral programs while they are still in college.

碩士學位先修

(五年連續修讀學、碩士學位)

Direct Admission to Master's Programs
(5 year Bachelor's + Master's degrees)

逕修讀博士學位

Direct Admission to Doctoral Programs

辦理時程 Timeframe	每年暑期 Every Summer	每年3-4月、10-11月 Every March-April, Every October-November
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逕修讀博士人數

Direct Admission to Doctoral Program

歷年 合計 Cumulative Headcount	類別 Category	校內 Within NTNU	跨校 Inter-university
	學士逕讀博士 Direct Admission (BA/MS to PhD)	6	2 臺師NTNU→台大NTU
	碩士逕讀博士 Direct Admission (MA/MS to PhD)	81	3 臺科NTUST→台大NTU 4 臺師NTNU →台大NTU

■108-114學年度歷年合計人數Cumulative Headcount: Academic Years 2019–2025

Chapter 6

大學

只有在  教室 學嗎？

自主學習
Self-directed Learning

Does learning always have to be inside classrooms?

自主學習 Self-directed Learning

✓ 強調知識轉譯，建立行動實踐、專題實作及科技整合之模式，連結研究、社會與產業。

Emphasize knowledge translation by establishing a learning model that integrates problem-based, project-based practice, and technology-enhanced learning, while strengthening connections among research, society, and industry.



自主探究
Guided Studies



專題探究
Inquiry Study



✓ 成果發表會 Project Showcase

自主學習團隊歷經一整年跨校系合作學習，以三十分鐘短片呈現青少年情緒障礙、孤獨感、數位時代的童年發展議題。A 30-minute short film created through a year of self-directed learning.



✓ 校外參賽佳績 External Competition Achievements

自主學習團隊「共融照護新趨勢：探索台灣未來照護機構的複合可能計畫」獲教育部青年百億海外圓夢計畫補助將赴日見習。Funding from the Youth Development Administration (MOE) Taiwan Global Pathfinders Initiative.



自主學習團隊「海綿俱樂部—SEL社會情緒學習與藝術創作」獲得2025年社會實踐博覽會佳作。Received Honorable Mention at the 2025 Social Impact Expo.



預告：國立臺灣師範大學學生探索學分實施辦法

Advance Notice: Implementation Regulations for Student Exploration Credits at National Taiwan Normal University

勇敢跨域、自主學習!

Be Brave to Step Across Fields, Pursue Autonomous Learning!

預計最快**115學年度第2學期**啟動!

Expected to launch as early as the 2nd Semester of Academic Year 115 (AY115-2)!



制度起源與目標 Origin & Objectives

- 鼓勵學士班學生跨領域探索與自主學習
Encourage undergraduate interdisciplinary exploration and self-directed learning.
- 降低學生因 GPA 壓力而不敢嘗試跨域課程
Lower GPA-related anxiety to promote interdisciplinary coursework.
- 協助大一、大二學生發掘興趣、拓展學習視野
Assist freshmen and sophomores in discovering interests and expanding learning horizons.



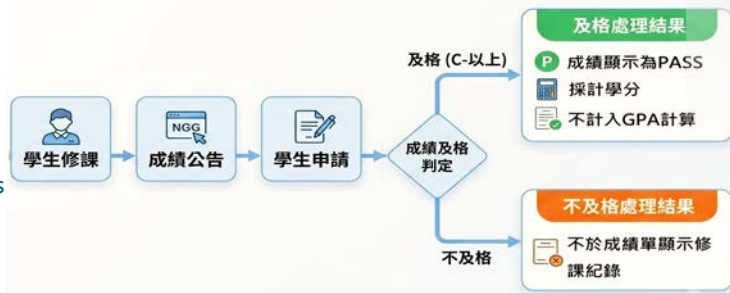
申請 流程 Application Process

申請資格與方式 (制度重點) Eligibility & Application Method (Policy Highlights)

- 適用對象：本校學士班一、二年級學生
Eligibility: 1st & 2nd-year undergraduate students
- 適用課程：非主修、雙主修學系以外之課程
Applicable Courses: Non-major and non-double-major courses
- 學分採計上限：每人累計以 6 學分為限；成績公布後申請
Credit Cap: Up to 6 cumulative credits total
Application: Submit after grades are announced

探索課程與期程規劃 Course Scope & Timeline Planning

- 本校制度特色：探索範圍較廣！
Institutional Highlights: Unlimited Exploration Scope!
✓ 不限制通識、輔系、暑期課程
No restrictions on General Education, Minor, or Summer courses
- 重要日程 (預計)：最快 115-2 啟用
Key Timeline (Tentative): Expected launch in Spring 2027 (AY115-2)
- 💡 115學年度第1學期：教務會議審議通過法規
AY115-1 (Fall 2026): Regulation review & approval by Academic Affairs Council
- 📅 115學年度第2學期：正式施行
Y115-2 (Spring 2027): Official launch & implementation



教務處教學發展中心 Center for Teaching and Development

課業學習諮詢三大類

Three Main Categories of Academic Learning Consultation

(一)、課業輔導學習社群計畫

Academic Learning Community Program

- ✓ 由教師專責導師、系所助教協助督導帶領。
- ✓ 以課業研討為核心。
- ✓ 每學期開學至第4週截止收件。

(三)、晨光學習輔導計畫

Chen Guang (Morning Light) Learning Project

- ✓ 提供經濟或文化不利學生申請。
- ✓ 錄取學生於每學期開學至第4週繳交申請書。

(二)、學生課業輔導員學習獎勵方案

Academic Tutor Program

- ✓ 由學系媒合申請，並由學術導師或專責導師擔任指導老師申請。
- ✓ 每學期開放2次申請(開學至第4週、期中預警後第8週至第10週)。



詳細介紹



教學助理制度 Teaching Assistant Program

申請資格 × 分階段培訓 × 傑出 TA 遴選

資訊詳見教發中心
傑出教學助理網頁



一 申請與聘用

怎麼申請

先與授課教師確認課程開課單位，再依受理單位公告之時程與規定提出申請。

受理單位

- 通識 / 跨域 → 通識教育中心
- 校共同課程 → 共同教育委員會各組
- 師培課程 → 師資培育學院
- 院級 / 系所課程 → 各院 / 系所

資格 | 原則為全時研究生；特殊情況可由大三以上全時學生擔任。

二 培訓與考核

- 1 第一階段 | 聘任後 1 個月內
完成認證課程 + 上傳學術倫理證明
- 2 第二階段 | 第 10 週前
至少 1 場專業知能工作坊 +
1 場教學諮詢與實作
- 3 第三階段 | EMI TA
符合補助資格者另參與指定全英語
工作坊
- 4 期末 | 學期結束後 1 週內
所有 TA 完成期末問卷

續任評鑑須達 3.5 分；未完成培訓將影響聘用及遴選資格。

三 傑出 TA 遴選

申請資格

- 前學期曾任本校僱傭型 TA，且目前仍具在校生身分。
- 前學期 TA 期末課程評鑑達 4.0 分以上，且至少 5 人填答。

申請方式

- 申請資料與佐證彙整為 1 份 PDF 寄送承辦人
- 授課教師另以 E-mail 寄送推薦函。

每名獲頒

獎狀乙紙 + 獎勵金
新臺幣 8,000 元

擔任教學助理

遴選傑出 TA

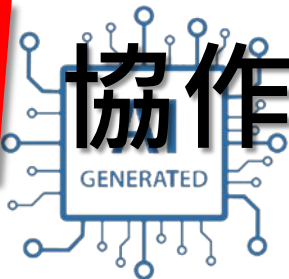
確認課程與受理單位

依規定完成聘用

依期限完成培訓與問卷

符合資格者申請傑出 TA

如何善用 AI 協作提升學習效率?



生成式AI

Generative AI

How to use AI collaboration to improve learning efficiency?

從 AI 素養到未來學習力 From AI Literacy to Future Learning Skills

教育部未來人才 AI能力圖像



本校受教育部委託，擔任「未來人才AI能力圖像」北區AI資源中心，執行課程盤整、資源共享、教學支持、教師支持、諮詢輔導及特色發展等面向。

本校人工智慧應用教學指引

學生學習與負責任使用AI：

- 遵循課程AI使用規範
- 誠實揭露AI使用情形
- 維護學術誠信與自主學習
- 落實資訊查證與成果負責
- AI應用之智慧財產權與學術責任
- 資訊安全與個人隱私
- 避免過度依賴AI
- 引用格式與文獻標註

AI
指引
教學
應用
應

檔案下載



AI驅動課程轉型

- 全校AI課程盤點
- 邏輯運算領域增設2學分「AI素養與倫理」，奠定學生AI基礎
- 共同國文「中文閱讀與思辨」納入本校指引，並使用「無限閱讀眼鏡」等AI時代閱讀與思辨相關文本。
- 「共同英文」學術英文與AI協作學習(TEEMI)
- 「X+AI」與「AI+X」雙向探索
- 推動「AI+X」學系學分學程，深化AI與專業領域之整合應用。
- 建置「文理共榮學士」學位制度
- 教學助理接受AI基礎培訓，運用AI協助教學與學習輔導。

AI聯盟課程 TAICA



計畫緣起

Origin of the Project

教育部成立「臺灣大專院校人工智慧學程聯盟」，目前已有**63**所大專院校加入，提供學生**跨校學習人工智慧**相關課程的機會。

The Ministry of Education has established the "Taiwan Artificial Intelligence College Alliance," which currently includes 55 universities and colleges. This alliance provides students with opportunities to take artificial intelligence-related courses across institutions.

專業導向學分學程

Professional-Oriented Credit Programs

人工智慧**探索應用**學分學程
Applied Artificial Intelligence Exploration Program

人工智慧**工業應用**學分學程
Artificial Intelligence in Industrial Applications Program

人工智慧**自然語言技術**學分學程
Artificial Intelligence for Natural Language Technology Program

人工智慧**視覺技術**學分學程
Artificial Intelligence for Computer Vision and Imaging Technology Program

人工智慧**資訊安全技術**學分學程
Artificial Intelligence for Cybersecurity Technology Program

所有跨域學生
All interdisciplinary students

理工學院學生
Science and Engineering Students

電資領域學生
Electrical Engineering and Computer Science Students

修習學分

Project Certificate Requirements

每學程 **15** 學分
學程間可**互抵 6** 學分

The total credit requirement for each credit program is 15 credits.
A maximum of 6 credits can be mutually recognized across different credit programs.

取得證書

Obtain a Certificate

可同時取得

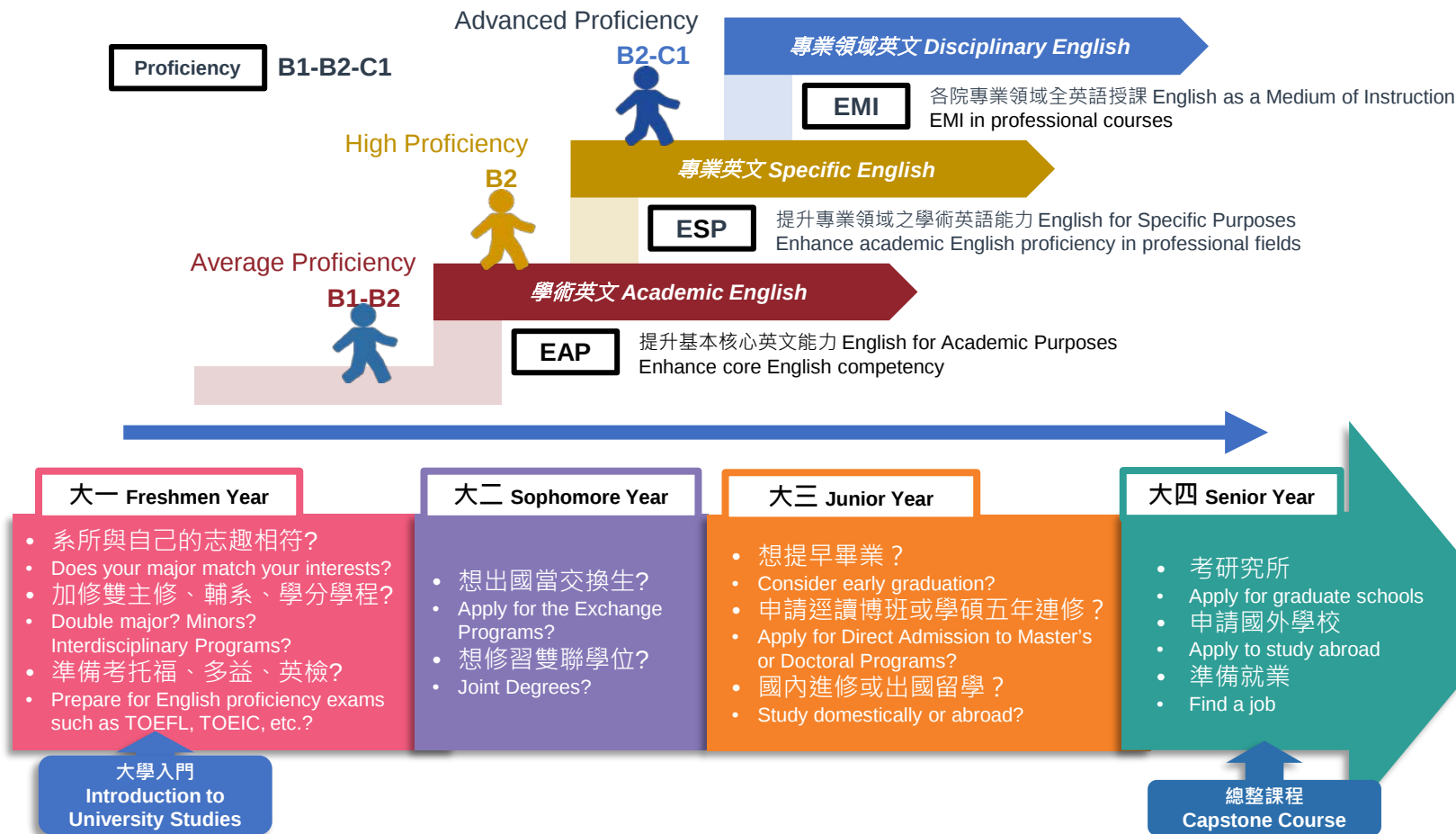
- 本校證書
- 教育部證書
- NTNU Certificate of Completion
- Ministry of Education Certificate

提升職場競爭力
Career competitiveness



提早規畫個人學習地圖

Plan Your Study Ahead



學會思考

擁有信念、自由選擇

生涯規劃

從進大學第一天開始！

PLAN AHEAD, HAVE FAITH, FOLLOW YOUR HEART
Today is your best starting point!